

Dementia-Inclusive Communities



In this factsheet, you will learn about:



What makes a community and services inclusive for people living with dementia

Dementia: Inclusion in your community

- **People living with dementia have a right to inclusion in their communities.** This includes access to physical activity, healthy eating, and other wellness opportunities and supports but also other programs, activities, and services
- **Dementia-inclusive communities** ensure that people living with dementia are understood, respected, supported, and included
- The **community programs and services** should **provide supports** to people living with dementia that help them participate, such as:
 - **Environments** that are easy to navigate, welcoming, and meet the unique needs of people living with dementia and their care partners (for example, not too noisy, quiet spaces)
 - **Staff, volunteers, and other participants** who are aware of, and understand, dementia and ensure that people living with dementia can participate

Learn more about dementia-inclusive communities from the Alzheimer Society at: www.alzheimer.ca

A dementia friendly community...



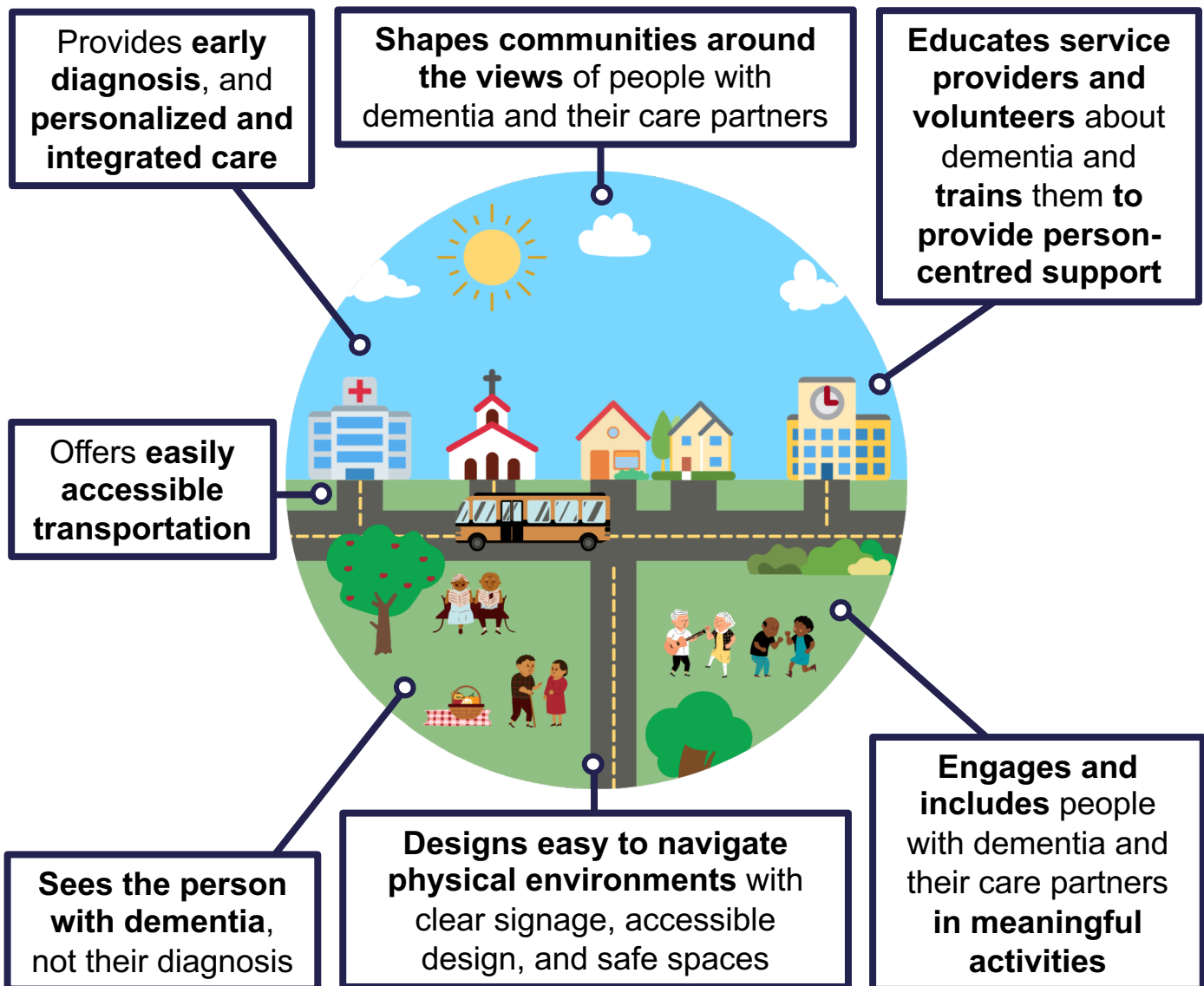
Increases awareness and reduces stigma of dementia



Uses community-based solutions that enable people living with dementia to maintain their independence



Values the views and contributions of people living with dementia and their care partners



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Learn more! Explore helpful resources and tools at: www.dementiawellnesscanada.com